

WHAT MEDICATIONS SHOULD I STOP PRIOR TO HAVING SURGERY

As a general rule, **you should take all your usual regular medications** with a sip of water on the morning of your operation (ideally 2-3 hours before surgery) unless instructed otherwise by Dr Vasica and/or your anaesthetist.

Dr Vasica would prefer you to stay on your medication containing *low dose aspirin*

STAY ON MEDICATION CONTAINING *LOW DOSE ASPIRIN*

Astrix

Cartia

Cardiprin

It is important to cease some medications prior to surgery which may interfere with blood clotting

CEASE THESE MEDICATIONS

MEDICATION CONTAINING *HIGH DOSE ASPIRIN*

Asasantin - please stop for a full 7 days pre surgery

It is OK to stay on:

Aspro

Solprin

Disprin

Codral

BLOOD THINNERS

Warfarin (Coumadin) - stop for 5 full days pre surgery

When stopping warfarin, please check with Dr Vasica whether you need to take Clexane as a substitute before your surgery.

Plavix (Clopidogrel) – stop for 7 full days pre surgery

Brilinta (Ticogrelor) – stop for 5 full days pre surgery

Eliquis (Apixaban) – stop for 2 full days before surgery

Pradaxa (Dabigatran) – stop for 2 full days before surgery

Xarelto (Rivaroxaban) – stop for 2 full days before surgery

HERBAL MEDICATIONS

Please stop for a full 7 days pre surgery

Common ones include:

Fish oil

Krill oil

Gingko

Ginseng

Curcumin

ANTI INFLAMMATORY MEDICATION

Please tell Dr Vasica and your anaesthetist if you are on any of these on arrival in theatre on day of surgery.

Common ones include:

Voltaren (Diclofenac)

Nurofen and Advil (Ibuprofen)

Indocid (Indomethacin)

Celebrex (Celecoxib)

Mobic (Meloxicam)

Naproxyn (Naprosyn)

DIABETIC MEDICATIONS

If you are a diabetic on oral medication or insulin medication to manage your blood sugar level, **please seek instructions from your GP and endocrinologist and anaesthetist**, as to when to stop these medications prior to your surgery and when to resume these medications after your surgery.

GENERAL

Please take all your regular medications in the original packaging (not blister packs) to hospital with you.

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