

## WHAT MEDICATIONS SHOULD I STOP PRIOR TO HAVING SURGERY

As a general rule, **you should take all your usual regular medications** with a sip of water on the morning of your operation (ideally 2-3 hours before surgery) unless instructed otherwise by Dr Vasica and/or your anaesthetist. Please take all your regular medications in the original packaging (not blister packs) to hospital with you.

### **CONTINUE THESE MEDICATIONS**

Dr Vasica would prefer you to stay on your medication containing *low dose* aspirin

#### STAY ON MEDICATION CONTAINING LOW DOSE (100mg) ASPIRIN

Astrix

Cartia

Cardiprin

### **CEASE THESE MEDICATIONS**

It is important to cease some medications prior to surgery which may interfere with blood clotting

#### MEDICATIONS CONTAINING HIGH DOSE (300mg) ASPIRIN

Please stop for a full 7 days pre surgery

Asasantin

Aspro

Solprin

Disprin

Codral

#### BLOOD THINNERS

Warfarin (Coumadin) - stop for 5 full days pre surgery

When stopping warfarin, please check with Dr Vasica whether you need to take Clexane injections as a substitute before your surgery.

Plavix (Clopidogrel, Iscover, Coplavix) – stop for 7 full days pre surgery

Brilinta (Ticogrelor) – stop for 5 full days pre surgery

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Eliquis (Apixaban) – stop for 2 full days before surgery

Pradaxa (Dabigatran) – stop for 2 full days before surgery

Xarelto (Rivaroxaban) – stop for 2 full days before surgery

#### HERBAL MEDICATIONS

Please stop ALL vitamins and herbal supplements for a full 7 days pre surgery

Common ones include:

Fish oil

Krill oil

Gingko

Ginseng

Curcumin

St John's Wort

Garlic

Tumeric

Echinacea

#### ANTI INFLAMMATORY MEDICATIONS

Please stop for a full 7 days pre surgery

Common ones include:

Voltaren (Diclofenac)

Nurofen and Advil (Ibuprofen)

Indocid (Indomethacin)

Celebrex (Celecoxib)

Mobic (Meloxicam)

Naproxyn (Naprosyn)

Piroxicam (Feldene)

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## DIABETIC MEDICATIONS

If you are a diabetic on oral medication or insulin medication to manage your blood sugar level, please seek instructions from your GP and/or endocrinologist and/or anaesthetist, as to when to stop these medications prior to your surgery and when to resume these medications after your surgery.

As a general rule, do not take oral antiglycaemics/oral diabetic medications on the day of surgery.

If you are on insulin, the anaesthetist needs to be contacted and direct your dosage of insulin pre surgery.

Please be cautious with the below listed oral antiglycaemics/oral diabetic medications which need to be ceased for a full 3 days pre surgery if your surgery involves staying overnight or longer in hospital.

If your procedure is day only, you do not take any of these medications on the day of surgery.

Dapagliflozin (Forxiga)

Empagliflozin (Jardiance)

Ertugliflozin (Steglatro, Segluromet, Steglujan)

Empagliflozin and Linagliptin (Glyxambi)

Empagliflozin and Metformin (Jardiamet)

Dapagliflozin and Saxagliptin (Qtern)

Dapagliflozin and Metformin (Xigduo)

It is very important to discuss all diabetic medication with your GP, endocrinologist or anaesthetist.

**Ozempic and Saxenda (or similar)** injections for diabetes or weight loss – please cease for 2 weeks prior to your procedure.

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