

Medications before surgery



Please check the list below for medications that must be stopped before surgery. If your medication is not listed, continue taking it as normal. On the day of surgery, take your allowed medications with a small sip of water no later than 2 hours before your procedure. Contact us if you have any questions.

	Common names	Instructions
Aspirin (100mg)	Low dose aspirin (100mg) e.g. Astrix, Cartia, Cardiprin	Take as normal
Aspirin (300mg)	High dose aspirin (300mg) e.g. Asasantin, Aspro, Solprin, Disprin, Codral	Stop 7 days before
Warfarin	Coumadin	Stop 5 days before
Clopidogrel	Plavix, Iscover, Coplavix	Stop 7 days before
Ticagrelor	Brintilla	Stop 5 days before
Apixaban Dabigatran Rivaroxaban	Eliquis, Pradaxa, Xarelto	Stop 2 days before
Herbal Supplements	fish oil, krill oil, ginkgo, ginseng, curcumin, St John's wort, garlic, turmeric, echinacea	Stop 7 days before
Anti-inflammatories	Voltaren (diclofenac), Nurofen/Advil (ibuprofen), Indocid (indomethacin), Celebrex (celecoxib), Mobic (meloxicam), Naprosyn (naproxen), Feldene (piroxicam)	Stop 7 days before
Metformin	Diabex, Diaformin	Skip morning of surgery
Other diabetes tablets	Forxiga (dapagliflozin), Jardiance (empagliflozin), Jardiamet (empagliflozin/metformin)	Stop 3 days before
Insulin	Various brand names and types	Anaesthetist will advise

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	Common names	Instructions
Weight loss or diabetic injections (GLP-1 agonists)	Saxenda (liraglutide), Wegovy/Ozempic (semaglutide), Mounjaro (tirzepatide), Trulicity (dulaglutide), Victoza (liraglutide), Byetta/Bydureon (exanatide)	Take as normal (clear fluid diet required)
	See important dietary instructions below	

Important: Dietary Instructions for GLP-1 medications

If you take any of the weight loss or diabetic injections listed above, you must follow a clear fluid diet from 8:00 am on the day **before** your surgery. This means no food.

Approved clear fluids are water, black tea/coffee (no milk), clear soups/broth (with no solids or dairy), clear cordial or electrolyte drinks (e.g. Gatorade or Hydralyte) and clear jelly. You may consume approved clear fluids until 2 hours before surgery.

If you do not follow these instructions your surgery may be delayed or cancelled due to safety risks associated with anaesthesia.

Important

Your anaesthetist may occasionally have specific instructions that differ from the advice above. If so, they will contact you, usually the night before your procedure, to let you know.