SYDNEY GENERAL SURGEONS

WHAT MEDICATIONS SHOULD I STOP PRIOR TO HAVING SURGERY

As a general rule, you should take all your usual regular medications with a sip of water on the morning of your operation (ideally 2-3 hours before surgery) unless instructed otherwise by Dr Vasica or your anaesthetist.

Dr Vasica would prefer you to stay on your medication containing *low dose* aspirin (eg. Cartia, Cardiprin and Astrix).

It is important to cease some medications prior to surgery which may interfere with blood clotting. These include blood thinning medication, known as antiplatelet drugs (eg. Clopidogrel), anticoagulant medication (eg. Warfarin), anti-inflammatory medication (non steroidal anti-inflammatory drugs NSAIDs (eg. Voltaren and Ibuprofen) and COX2 inhibitors (eg. Celebrex and Mobic)), plus some herbal over the counter medications.

If stopping warfarin, please check with Dr Vasica whether you need to take clexane as a substitute before your surgery.

If you are a diabetic on oral or insulin medication to manage your blood sugar level, please seek instructions from your GP or endocrinologist, or discuss with your anaesthetist, as to when to stop and resume these medications prior to your surgery.

Please bring all your regular medications in their original packaging (not blister packs) to hospital with you.

Please see a list of medications which you must stop taking 7 days before your surgery (or as instructed by Dr Vasica) on the following page.

SYDNEY GENERAL SURGEONS

Medications you must cease 7 days before your surgery or as instructed by Dr Vasica

ANTICOAGULANT MEDICATION	ANTI-INFLAMMATORY MEDICATION	MEDICATION CONTAINING ASPIRIN	HERBAL
Apixaban (**Eliquis**) – stop 2 days prior to surgery Calciparine Clexane **Clopidogrel** (**Plavix**, **Iscover, Coplavix**) – stop 7 days prior to surgery **Coumadin** (**Warfarin**) – stop 5 days prior to surgery **Dabigatran** (**Pradaxa**) – stop 2 days prior to surgery Dipyridamole (Persantine, Asasantin SR) Enoxaparin (Lovenox) Fragmin Heparin Marevan Phenindione(Dindevan) Thrombotrol VF Ticlodipine (Ticlid, Tilodene) **Rivaroxaban** (**Xarelto**) – stop 2 days prior to surgery Tirofiban (Aggrastat)	Aclin Advil Arthrexin Arthrotec 50 Bugesic Butalgin Celecoxib (**Celebrex**) **Diclofenac** (**Voltaren**, Diclohexal, Fenac) Diflunisal (Dolobid) Dinac Easydayz Hexal compufen Hexal diclac **Ibuprofen** (Brufen, Advil, Iprofen, Motrin, **Nurofen,** Rafen) Indomethacin (**Indocid**) Ketoprofen (Orudis, Oruvail SR)) Ketoralac (Toradol) Mefenamic acid (Ponstan) Meloxicam (Mobic, Movalis) Naproxen ((Naprosyn, Aleve, Anaprox, Crysanal, Inza, Nurolasts) Oxaprozin (Daypro) Panafen (Panafen Plus) Piroxicam (Feldene, Mobilis) Sulindac (Clinoril) Tiaprofenic acid (Surgam) Tri-Profen	<u>STOP TAKING 7 days (higher dose aspirin):</u> Alka Seltzer **Asasantin SR** – stop for 7 days prior to surgery Aspalgin **Aspro** Codiphen Codis Codox Codral (Codral Forte) Disprin (Disprin Max) Ecotrin Solprin <u>STAY ON (low dose aspirin):</u> Aspirin **Astrix** Cardasa **Cardiprin** **Cartia** Ecotrin 81mg (low dose) Spren Thrombix	Chondroitin Dan Shen Feverfew **Fish oil** – stop 7 days prior to surgery Garlic tablets Ginger tablets Gingko Ginseng Krill oil Quinlinggao St John's Wort

If you have any questions or concerns please contact our rooms below.

Sydney General Surgeons
Suite 502/20 Bungan St, Mona Vale NSW 2103
Telephone 02 9997 7346 **Facsimile** 02 9979 7540
Email admin@sydneygeneralsurgeons.com.au **Website** sydneygeneralsurgeons.com.au
ABN 97 153 604 972